

Sophia and Nancy Reginelli
6875 Lynnfield Court
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2017 Newsletter

Check our website for updates and information

<http://www.dressageco.com>

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Please submit newsletter content by email to nreginel@its.jnj.com
Or call: (513) 404-5531 to arrange pick-up

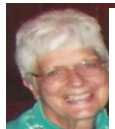
If you haven't already, please notify the Newsletter Editor if you need a printed copy of the newsletter mailed to you.

Please notify Membership Chair of any contact or email address changes.

Included in the monthly newsletters are articles and/or information found at legitimate university, veterinary, and other sites on the internet, or reprints from other sources; excerpts are used with permission. Any use of, or actions taken based upon any of this information is done entirely at your own risk. Always contact your veterinarian or training professional before implementing any new technique or treatment.



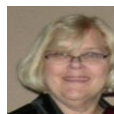
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HISTORIAN
Emily Oliger

Next Meeting Information

Date: Monday February 20th, 2017

Time: Meeting starts 7:30pm, arrive by 7:00pm to order food.

Location: Flipdaddy's
12071 Mason Montgomery Rd
Cincinnati OH 45249

Phone no.: [\(513\) 677-2337](tel:5136772337)

Link to Locations page: flipdaddys.com

Concerned about EHV, strangles, or other diseases?
Check out this link for more information.

<http://www.equinediseasecc.org/outbreaks.aspx>

Upcoming QCDC Shows – 2017

Below is the link to the QCDC Show Schedule for 2017:

<http://www.qcdc-dressage.com/Documents/2017-qcdc-shows.pdf>

**2017 Membership Form
Application/Renewal**

The membership year runs from Nov 1, through Oct. 31.
Dues are \$40.00/year for Senior members and \$30.00/year for Junior members (a rider who has not reached their 21st birthday before November 1st of the membership year). The dues include an affiliate USDF membership fee.

Are you a USDF member through another organization? { } YES { } NO

If yes, please include your membership number: _____

{ } New Member { } Renewal { } Change of Address

NAME _____

ADDRESS _____

CITY, ST, ZIP _____

PHONE _____

EMAIL _____ DOB _____

Make check payable to The Dressage Company and mail this completed form to:
Debbie Boeh, 6846 Morrow-Cozaddale Rd, Morrow, OH 45152
Email questions or inquiries to: debbieboeh@hotmail.com

***The Dressage Company
YEAR END AWARDS ENTRY FORM***

\$15 per Entry - Make checks payable to: The Dressage Company
This form must be submitted prior to any test being ridden.
Mail checks and completed form(s) to: Debbie Boeh, 6846 Morrow-Cozaddale Rd,
Morrow, OH 45152

**Please sign that you have read and understand the Year End Award Rules
appended to this form:**
(Signature of Rider) _____

ENTRY #1
RIDER'S NAME: _____ **DATE:** _____

HORSE'S NAME: _____

LEVEL: _____ **DIVISION:** NOVICE JR AA OPEN

ENTRY #2
RIDER'S NAME: _____ **DATE:** _____

HORSE'S NAME: _____

LEVEL: _____ **DIVISION:** NOVICE JR AA OPEN



Next Meeting Agenda
The Dressage Company

February 20, 2017

Flipdaddy's

General Membership Meeting Agenda

A. Approval of 1/16/17 meeting minutes

B. Reports

Membership

- Current roster
- New members

C. Old Business

1. The Dressage Company Bylaws review

- Social Media Chair position to replace Librarian
- Fees collected for ads in the newsletter?
- The Dressage Company Show Rules

2. Educational Events for 2017

- Judge's Forum, possible dates: March 25th or 26th or April 1st or 2nd.
The clubhouse in Landen was a suggested venue.
- Decide on dates and places for the other suggested major events.

D. New Business

1. Survey to collect additional ideas for educational events

- Should we pursue this idea?

2. Other items

a.

CLASSIFIEDS

3 Saddles for sale: Big Horn Gaited Western w/qui-fit flexible tree and breast collar black , 17" seat pd \$1495 asking \$800, M. Toulouse Dressage 17" seat pd \$1200 asking \$850 , 20th Century English class contact 15" seat asking \$300. Call Rose 513-652-1345 or Brenda 513-543-2046 Pictures available.



Advertising Rates:

	Members	Non-Members
Up to 5 lines	Free	N/A
Up to ¼ Page	\$2.50	\$5.00
½ Page	\$5.00	\$10.00
Full Page	\$10.00	\$15.00

Information must be received by the 25th to be included in the next month's newsletter.

CLASSIFIEDS (cont)



You and your horse can stay in shape and connected all year long at Twin Oak Equestrian Center! We have a spacious, well lit, enclosed indoor arena with excellent footing. Twin Oak Equestrian Center is a full-care horse boarding and training facility on 22 acres located in Oregonia, OH, convenient to I 71, Caesar's Creek, Wilmington, South Dayton, Lebanon, West Chester and Mason.

- **Amenities include USDF Silver medal dressage trainer on site, 10 x 12 fully matted stalls cleaned daily, stalls with outdoor runs, tack room, hay and grain fed twice daily according to the individual horse's needs, additional hay depending on the weather, night check, daily turnout, viewing room, indoor arena, outdoor arena, new electric run for heated water buckets, trailer parking.**
- **All disciplines welcome. Hope to meet you and your equine partner soon. 19 stalls cleaned daily, tack room, hay and grain fed twice daily according to individual horses' needs, turn out daily, a viewing room attached to the indoor, outdoor arena, new electric run for (2) heated water buckets in each stall. At Twin Oak Equestrian, we strive to meet each horse's individual needs. We welcome all disciplines as long as you put the horse first!**

For more info call (513) 505-8419, email dtekamp@gmail.com, or comment on our Facebook page, Twin Oak Equestrian Center. If you'd like more information, please contact Sherry at (513) 505-8419. We look forward to meeting you and your equine partner!

Words of Wisdom – Getting Better Marks in Tests
By: Nancy Nicholson, Professor Emerita Miami University Ohio

GETTING BETTER MARKS IN TESTS: Benefits of a good walk.

Transitions are the most frequently ridden movement in any dressage test. Even the Intro Tests are more than 110% transitions, if you do the math to include every transition. Consider the center line, where there might be entry at trot, then walk, then halt, the walk, then trot - that's four! And that's just Training Level! The Directives want you-plus-horse to be straight and on the aids. The judge would like to reward "level, fluent, prompt!"

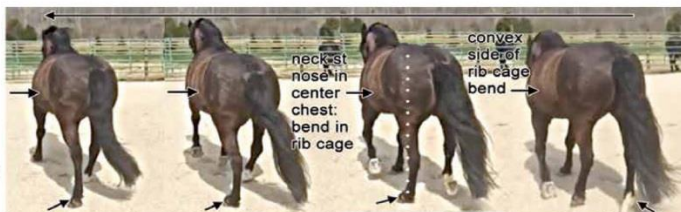
There's a fix for doing well with that set of movements. In 1996, a group of veterinarians (Back, Scharmhardt, Barneveld) wrote a paper "Are kinematics of the walk related to the locomotion of a warmblood horse at the trot?" The paper is free online. And the answer was YES! That means 1) the transitions W/T, T/W in any test are related to active (not rushed) tempo which 2) sets up where legs are at any instant, which 3) determines a "level, fluent, prompt" moment for a transition. Your judge might comment "smooth" or "clear steps" or "in stride." You can practice the feel of the transitions at home and have someone video your trials in hi res, slo mo with a smart phone or tablet. Review immediately and remember the best effort!

A combination bonus from these technical studies means that canter is, by the biomechanics wizard R. McNeill Alexander, "WALK plus jump." That means W/C, C/W, C/T and T/C are also related to the timing feature of a good dressage walk with four even hoof beats. The rider position "half halts" that encourage these six dressage transitions are another topic. But it's 2017 and this knowledge has been around for more than two decades. We have technology at our fingertips that can verify these results. Here is a hi res slo mo video sample frames from my backyard:

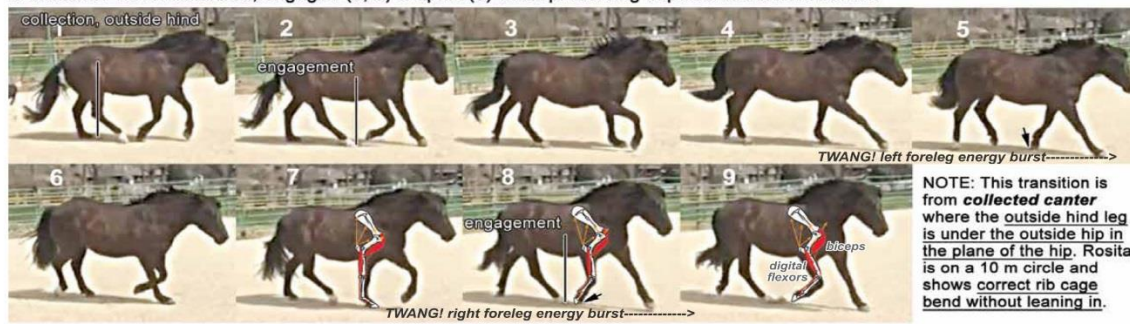
SMOOTH TRANSITIONS BETWEEN GAITS ARE UNIQUE REPEATABLE LEARNED PATTERNS

RIGHT: Walk to canter is timed to set up outside hind after inside hind walk grounded (Frame 1). LH under left hip supports swing phase adjust to new gait (Frame 2). Canter is mathematically "walk plus jump."

BELOW: Canter to trot timing is critical. Transition sets up at time one of canter in (1). Instant (2) establishes a diagonal but must adjust phase timing of new gait via a modified "vee" of walk (5). Note braking mode leg velocity adjust in (6) on inside foreleg. Balance & impulsion set up in (1) on outside hind is kept by engaged RH (2) so thrust to trot (4, 5) is effective. Trot is balanced, engaged (8, 9) & uphill (9) while preserving impulse/thrust from canter.



Transitions begin from a hind leg, ABOVE: it is LEFT HIND into RIGHT Canter from the instant LH is down in walk (Frame 1). In Frame 4, RH is down before LF, so canter is uphill (positive disassociation of diagonal).



BONUS! In 7-9 you see the catapult action of the horse foreleg (Wilson et. al. 2003 NATURE 421:34-35). This involves a nifty biomechanical set-up where the digital flexor system stores a timed energy burst to the biceps. This action is also known for grasshoppers and fleas ... and is why horses can work cattle and not the other way around. This action also creates heat and is the reason working leg wraps should be ventilated. And there are 1000 Joules of energy flowing to the whole body distribution system in each leg stroke of trot & canter (Wilson et. al. 2001 NATURE 414:895-899)! ELASTIC transitions depend on STRAIGHTNESS, TEMPO, BALANCE to deliver the grace of true gaits.

Notice in this "level, fluent, prompt" sequence, a modified "vee" position of legs, characteristic of a good walk, occurs in frames 1, 5 and 8! This is the same information on digital video that William Back and his colleagues winkled out from 1996 standard video results. The "key" to this clarity and smoothness hides in plain sight! A fluid walk always has leg support - so do level, fluent, prompt transitions. Your horses and smart devices await!

Membership Meeting Minutes

January 16, 2017

Rib City Barbecue

Submitted by Sue McBeth, for Secretary Alyson Callahan

President Sue McBeth called the meeting to order at 7:30p.m.

Minutes

Minutes from the November 14, 2016 meeting were not available for approval.

Treasurer's Report

Carol shared the 2016 year end financials. The check book balance is \$1,824.06 and the Money Market account balance is \$5,232.67 for a total of \$7,056.73.

The Year End Awards banquet showed a profit of \$968.96. This amount includes the carryover of the ads that were purchased for the Dressage Company horse show which was canceled. It was noted that there needs to be a distinction made between ads placed in the Omnibus for QCDC and ads in the Horse Show bill for The Dressage Company.

Membership

There are 38 current members. This includes 7 new members.

A new, combined Membership application/Year End Awards Entry Form was presented. The purpose of the form is to help new members realize that it is necessary to both join The Dressage Company by filling out the top of the form and also enter for Year End Awards using the bottom portion of the form. The new form was approved and will be posted on the website and on our Facebook page. It will also be posted in the newsletter.

OLD BUSINESS

The Dressage Company, QCDC, WCS Combined Awards Banquet

The general consensus was that the banquet was a very good event. Attendees especially appreciated the explanation of the differences between the awarding groups.

NEW BUSINESS

1. Ideas for educational events for 2017

The major events talked about at the meeting include: 1) a Judges Forum; 2) Volunteer workshop that contains information about scribing, how to score, other jobs at horseshows; 3) Care/Maintenance of the older horse; 4) Riley Twp. horse/large animal rescue presentation. The idea of having a Musical Freestyle 101 opportunity available for members who are interested was discussed. This would not necessarily be a major educational event, but could be offered for a small group of members. Some other items presented on a list from Edie included: USDF rider

awards by level; body work for horses; publicity; and how not to get eliminated. A suggestion to do a survey of members for ideas for educational events was made.

2. Discussion around Profit/Loss flow of money within the Dressage Company

Carol Hartlaub gave a great presentation on items that are included in the Revenue side and the Expense side of our finances.

The top 4 categories on the Revenue side are: Banquet Receipts – 39%, Auction Receipts – 19%, Dues – 18% and a donation from Nancy Nicholson for YEA – 9%.

The top 4 categories on the Expense side are: Banquet Expenses – 36%, Year End Awards- 25%, USDF dues – 11% and Insurance – 8%.

3. Amendments to Bylaws for TDC

The bylaws were last amended in 2008. A small group reviewed the document and made some changes to the months where things happen, term limits for Officers, the timing of the Treasurer's report, removal of the Librarian position, deletion of getting permission of postage for newsletter if more than 1oz, and the dollar amount of the dues sent to the USDF.

A suggestion was made to replace the Librarian position with a Social Media chairperson. Sue Segerman agreed to write up a description of this position for the next meeting. Approval of this new position will be reviewed at the February meeting.

A question came up about whether the fees for ads in the newsletter are being collected. It was also suggested that the fees in the bylaws would cover an ad for 3 months only. Sue will check with Nancy Reginelli to see if any fees have been collected at this point. Carol Hartlaub said she had not received any.

It was noted that the Dressage Company Show Rules still needed some review. Sue Segerman, Debbie Boeh and Sue McBeth will review this section and bring back recommendations to the February meeting.

Carol Hartlaub reported that The Dressage Company Horse Show, sponsored in conjunction with Miami University, will be held on September 24, 2017. The judge for the show is Wendy Enneking. This is also listed in the QCDC Omnibus.

Cathy Jacob asked that an announcement about the Region 2 schooling show awards be included in the newsletter so that members could review the requirements and participate if appropriate.

The next TDC meeting will be on February 20th at Flipdaddy's.

The meeting adjourned at 8:40p.m.



Board Meeting Minutes

January 16, 2017 at Rib City Barbecue

Submitted by Sue McBeth for Alyson Callahan, Secretary

President Sue Mcbeth called the meeting to order at 7:05pm.

NEW BUSINESS

Flow of Membership dues/USDF checks

Sue McBeth presented a proposed combined Membership and Year End Award (YEA) form. This form would be useful at the Year End Awards Banquet when new members are signing up and current members are renewing for the new year. The new form was unanimously approved.

The form would be sent to the Membership Chair. The checks and YEA entry form would be sent to Carol Hartlaub the YEA Committee Chair.

The new form would be printed in the Newsletter each month. It would also be posted on the Dressage Company Website and Facebook page. It was also suggested that a synopsis of the YEA requirements be included in the Newsletter each month.

Financials

This item was tabled for the General Membership meeting.

The Board meeting adjourned at 7:25pm



**The Dressage Company
2016 Year-End Financial Statement**

	Year end
Checking beginning	1568.13
Money Market	5232.15
Ordinary Income/Expense	
Expense	
bank services fee	132.00
banquet expenses	2,264.00
insurance	500.00
internet	107.40
newsletter expenses	104.15
USDF DUES	700.00
Advertisement	100.00
Show Expenses	321.11
2015 year end exp	538.89
Year end awards	1,586.04
Total Expense	6,353.59
Other Income/Expense	
Other Income	
Ads	385.00
Banquet receipts	2,545.00
donation	600.00
Auction Receipts	1,252.00
Raffle/split the pot	367.00
Year end entries	270.00
Dues	1,190.00
Interest income	0.52
Total Other Income	6,609.52
Balance check book	1824.06
Balance Money Market	5232.67