



MUSICAL FREESTYLE CLINIC (Musical Freestyle 101) Information Sheet

The goal of our Musical Freestyle 101 clinic is to take you through the beginning steps of developing a Musical Freestyle using videos of your horse doing test movements and matching these movements to music. Terry's expertise in matching movement and music will give you the basics you need to practice at home and adjust the Musical Freestyle as needed.

Terry will show you how to find your horse's TEMPO at all 3 gaits using a metronome app on your smart phone. She will also share with you sources of music to download and edit using software to compliment you and your horse.

Please note that this BEGINNER 101 Clinic is just that – a way to begin putting a musical freestyle together. It is NOT an expectation of this clinic to provide you necessarily with a FINISHED PRODUCT at the end of the time.

1. Please complete the Application Form in full and send to Carol Hartlaub with a check no later than **October 3rd**.
2. **Participants on Friday night should download a metronome app to their phone.** There are many free ones to choose from on the internet. The editing software that Terry will share with us on Friday is called Wave Pad (cost is around \$60). There is a comparable one for Macs called Garage Band. Attending the Friday evening program will help you learn how to find a horse's TEMPO and use a software program to EDIT music to go with the movements you will ride.
3. **In order to participate on Saturday and/or Sunday** the participant needs to send Terry Mansky, our presenter, a) a video of your horse doing the test movements you plan to ride or a video of an entire test containing Walk, Trot and Canter gaits; b) some idea of the type of music you want to ride to i.e. Movie themes, 80's music, Big Band, Heavy Metal, Pop, a particular artist, etc. This should be done by **September 26th** if possible so that she has time to research music options and match some to the video you send. Terry's email is oimansky@roadrunner.com.
4. Download the USDF rules for the Musical Freestyle level you plan to ride so that you know a) the required movements, b) the allowed movements, c) the movements that are not allowed at that level.
5. For your music selection, list the styles of music that seem to go with your horse and music that you enjoy. Include any specific music, songs, overall theme, or any other information you think would be helpful to Terry.
6. Come on Saturday or Sunday with an idea of the types of required movements you will do such as trot circles right and left, canter right and left lead, medium and free walk, extended canter, extended trot, etc.
7. Participants who ride on Saturday will have a chance to work on the amount of time for the required movements at the different gaits matched to the music. Terry would then edit the music Saturday night for a rider who wants to ride again on Sunday to the edited version. If you are bringing your horse to the clinic please circle "Y" on the application and send a coggins with your application. You may check with Carol Hartlaub (chart3977@aol.com) for stall availability.
8. Participants who come without horses may use a time slot on Saturday or Sunday to work with Terry on music matched to required movements using the video supplied to Terry prior to the Clinic. The same rates per time slot apply for this.